



FOR IMMEDIATE RELEASE

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GAZELLE GIRL WEEKEND OFFERS A VARIETY OF DOWNTOWN EVENTS
Weekend culminates in West Michigan's only all women's half marathon and 5k

GRAND RAPIDS, MICHIGAN – The 4th annual Gazelle Girl Half Marathon & 5k will offer a full weekend of events in downtown Grand Rapids for women to engage around West Michigan's only all women's half marathon and 5k. More than 3,500 girls and women are registered to participate on Sunday, starting and finishing on Ottawa Avenue adjacent to Calder Plaza. Event weekend will feature:

Friday, April 15 at the Downtown Market, 435 Ionia Avenue SW

LUNAFEST, a national short film festival, will feature films produced by woman, about women and for women and benefit the Gazelle Girl Half Marathon & 5k charity partners along with the Breast Cancer Fund. Tickets are available for purchase for the 6p and 8:15p 90 minute showings at <http://gazellegirlhalfmarathon.com/lunafest/> and include an appetizer reception between showings (7:30-8:15p) sponsored by Personal Habitat and Kendall College of Art & Design. Cash bar also available.

Saturday, April 16

GRAND RAPIDS RUNNING TOURS warm-up runs will provide themed tours of downtown Grand Rapids. Registration (<http://gazellegirlhalfmarathon.com/meet-ups/>) is complimentary for the Art Dart 5k at 8:30a and Lady Legends 5k at 10:30a, both runs starting and finishing at the JW Marriott (235 Louis Street NW) and narrated by local athlete and Grand Rapids Running Tours owner, Caroline Cook.

YOGA FEVER HOT YOGA (1154 Wealthy Street SE) at 9:30a on Saturday will assist Gazelle Girls in gaining strength, flexibility and peace of mind for their Sunday event in a heart-centered, alignment based vinyasa class. (Complimentary registration closed as class is full.)

GAZELLE GIRL EXPOTIQUE PRESENTED BY PRIORITY HEALTH at New Vintage Place (889 Broadway Avenue NW) will feature event check-in/late registration along with a variety of interactive experiences for attendees from 11a-5p including Gazelle Girl wear sales, jewelry crafting, make/take essential oils, Grand Rapids Opportunities for Women "Dream Tree", experience stage with workshops

from Fellow Flowers and product samples. Experience stage event registration and more information at <http://gazellegirlhalfmarathon.com/expotique/>.

MORE

GAZELLE GIRL WEEKEND

pg. 2

Sunday, April 17 at Calder Plaza, downtown Grand Rapids, Ottawa Avenue

Late registration for the Gazelle Girl 5k (if cap allows), event check-in and complimentary gear check will open on Calder Plaza at 6:30a with the half starting at 8a followed by the 5k start at 8:15a. Mayor Rosalynn Bliss will start the Gazelle Girl Half Marathon & 5k, joining WOTV4Women emcees Maranda, Rachel Ruiz and Jordan Carson. Aid Stations will offer water and GU Hydration every two miles with medical support provided by Metro Health Sports Medicine and Life EMS. The new Finish Line Celebration will run from 8:30a-1:30p and feature craft beer from Brewery Vivant, Fenn Valley Winery wine and hard cider, juice and water, along with food truck concessions from The Organic Gypsy and Wood Fired Up Pizza, music from Brena and post-event massage opportunities provided by Massage Envy.

About the Event

The Gazelle Girl Half Marathon & 5k began in 2013 as the first women's only half marathon event in Michigan and remains one of the largest events of its kind in the state. Organized by Gazelle Sports, Gazelle Girl connects women through movement, achievement, celebration, friendship and fun. Proceeds from the event will benefit the Gazelle Sports Foundation, Grand Rapids Opportunities for Women (GROW), Kent County Girls on the Run and the YWCA of West Central Michigan. For additional information and event registration, please visit <http://gazellegirlhalfmarathon.com>.

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